

**IMPORTANT HEALTH INFORMATION FOR OUR LATINO COMMUNITY**  
**PLEASE READ – VERY IMPORTANT!**

The Coronavirus, or COVID-19, is a very contagious and serious illness. It is affecting many people in our Latino community throughout the world, especially here in Northern Kentucky and Greater Cincinnati.

We want to help YOU! Please keep reading this very important information.

**WHAT ARE THE SYMPTOMS?**

Typical symptoms of the virus are fever, cough, difficulty breathing, body pain, loss of taste and sometimes diarrhea. You don't have to have all the symptoms to have the virus. Sometimes people have the virus and can spread it, but they, themselves, have no symptoms.

**WHAT SHOULD I DO IF I HAVE SYMPTOMS?**

If you have symptoms of this virus, you need to be tested. Call one of the numbers below for directions: (the person answering the phone will be able to speak with you in Spanish)

**1 (800) 737-7900, option #2 (St. Elizabeth Healthcare)**  
**(859) 655-6100 (HealthPoint Family Care)**

If you feel sick (shortness of breath, dehydrated, high fever) and you need a doctor/nurse to see you for testing and evaluation, please call one of the Spanish speaking numbers below:

**1 (800) 737-7900, option #2 (St. Elizabeth Healthcare)**  
**(859) 655-6100 (HealthPoint Family Care)**

**OR, visit one of the following locations:**

St. Elizabeth Emergency Department in Covington, Edgewood, Florence, Ft. Thomas or Grant County

HealthPoint Family Care  
1401 Madison Ave Covington, KY  
7607 Dixie Hwy Florence, KY  
(walk-in testing is available here with no appointment)

**WHY IS TESTING IMPORTANT?**

If you have been tested and are told you are "positive," that means you DO have the virus. It is VERY important that you remain at home and away from others for 14 days, even if you don't feel sick.

If your test is positive you can spread the disease to others.

You can NOT go to work.

You can NOT go to the store or run other errands.

You MUST stay away from other people.



It takes at least 14 days for the virus to leave your body. If you live in a home with other people, and you have the virus, you need to wear a mask that covers your mouth and nose while at home so that your family members do not get sick, as well.

Sometimes the test can be performed too soon or lacks a good sample, so if you feel sick still stay home until you feel better, even if your test was negative.

### **HOW CAN I CARE FOR MY FAMILY IF I CAN'T WORK?**

If you are worried that your family won't have food to eat because you are unable to work while recovering from the virus (or are worried about other financial hardships), call this number for help:

**(859) 261-0682 (Esperanza Latino Center)**

### **WHAT IF I HAVE THE VIRUS, BUT I DON'T FEEL SICK?**

Not all people with coronavirus will feel sick (especially children and younger adults), but you can still spread the virus to others. While some people can recover from the virus without any serious problems, some have very serious problems, even death, especially those who are older or have other health problems. Even if you don't feel sick, but have the virus, you may give it to someone who could become very sick and even die.

### **WHAT ARE SOME WAYS TO KEEP FROM GETTING THE VIRUS OR SPREADING IT TO OTHERS?**

- Wash your hands with soap and water or use hand sanitizer often.
- Stay 6 feet (2 meters) away from other people. When a person coughs or sneezes, the virus can travel up to 6 feet (2 meters).
- Clean and disinfect your house and devices (cell phones) often.
- Keep your hands away from your face as much as possible.
- Wear a mask that covers your nose and mouth .

**IF YOU ARE EXPERIENCING A MEDICAL EMERGENCY, PLEASE CALL 911.**

**PLEASE DO NOT BE AFRAID TO ASK FOR HELP BECAUSE OF YOUR IMMIGRATION STATUS.  
WE CARE ABOUT OUR LATINO COMMUNITY AND WANT TO HELP YOU.**

Sincerely,

St. Elizabeth Healthcare  
Rose Garden Mission  
HealthPoint Family Care  
Esperanza Latino Center  
Hispanic Chamber